



19th SUNDAY IN ORDINARY TIME

Peter said to him in reply, "Lord, if it is you, command me to come to you on the water." He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus.
- Mt 14:28-29

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Saint Paul's Newman Center

Heart Speaks to Heart



Liturgy Schedule

Saturday: 5:00 pm

Sunday: 8:30 am & 11:00 am

Evening Prayer and Daily Mass:

Monday-Thursday, 5:00 pm

Sacrament of Reconciliation

Saturdays: 4:00 pm

THE NINETEENTH SUNDAY IN ORDINARY TIME AUGUST 9, 2026

Staff

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Live the Liturgy - Inspiration for the Week

In the midst of life's greatest storms, Jesus comes to us, but we may not recognize him. We may test him. In doing so, he will test us — and likely, we will fail. But when we falter, his saving hand is there.

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August 8-August 16

Nineteenth Sunday in Ordinary Time

Sat	5:00 pm	Helen Christman
Sun	8:30 am	Rick DeForest
	11:00 am	Parishioners of Saint Paul's
Mon	5:00 pm	No Intention
Tues	5:00 pm	Edin Vaske
Wed	5:00 pm	No Intention
Thurs	5:00 pm	No Intention

Twentieth Sunday in Ordinary Time

Sat	5:00 pm	Bernard Ruddy
Sun	8:30 am	Parishioners of Saint Paul's
	11:00 am	No Intention

The Sunday 5:00 pm Liturgy will resume on August 30.

Trinity Meals

The third and final Trinity Meal for the summer will be on Sunday, August 9 at

6:00 pm. Come share dinner and fellowship in the back yard of the rectory located at 315 S. 18th Street. If you would like to attend, please click [here](#) to RSVP.



Family Faith Formation Back to School Barbecue
Send off summer at the Family Faith Formation Back to School Barbecue in Washington Park. Join us at Shelter #1 on Sunday, August 23 at 5:30 pm, where there will be food, fun, and games for all ages. All families with children are welcome!



307-745-5461



1800 E Grand Ave



www.newmancenter.org

Upcoming Events

Trinity Meal #3
Sunday, August 9, 6:00 pm

Fr. Rob's 17th Anniversary of Ordination
Monday, August 10

Blood Drive
Thursday, August 13, 11:00 am-2:30 pm

Wyoming Catholic Men's Conference
August 14-16 in Casper

Student and Family Welcome Brunch
Sunday, August 23, 9:30 am

Family Faith Formation Back to School Barbecue
Sunday, August 23, 5:30 pm

Sunday 5:00 pm Liturgy Resumes
Sunday, August 30

UW Fall Semester Begins
Monday, August 31

Catholic Home Missions Collection

Last weekend was the collection for the Catholic Home Missions Appeal, which supports dioceses in the United States that struggle to provide basic pastoral services such as Mass, the sacraments, religious education, and ministry training. If you wish to give to this collection, it is not too late. To donate, please make checks payable to St. Paul's Newman Center and include "Catholic Home Missions" in the memo, or you may donate online by clicking [here](#).

MEN'S RETREAT

Wyoming Catholic Men's Conference

All men are invited to the Wyoming Catholic Men's Conference August 14-16 at St. Patrick's Church in Casper. This year's featured speaker will be Bishop Scott McCraig, who currently serves as Bishop for the Military Ordinate of Canada, and his theme for the conference is "Amazed by Jesus." For more information or to register, please click [here](#) or contact catholicmensretreat@gmail.com.

THANK YOU!
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August 2 donations: **\$14,624.25**
Our 10% tithe for charitable outreach: **\$1,462.42**



Our Progress

Our Goal: **\$100,680.00**
Amount Raised: **\$90,474.00**
Percent Raised to Goal: **90%**
Number of Donors: **119**

To make a gift, please make all checks payable to the Diocese of Cheyenne, or click [here](#) to donate online.

Blood Donors Needed

Just one hour of your time can save somebody's life. Join us for a blood drive on Thursday, August 13 from 11:00 am to 2:30 pm in Bishop Newell Hall. To make an appointment, please click [here](#) to visit donors.vitalant.org or contact Sandy Rupp: rupp@newmancenter.org.

St. Paul's Newman Center
University of Wyoming Catholic Community

WELCOME
brunch!

SUN
AUG
23RD

9:30-10:30 AM
1800 Grand Ave. Laramie, WY
All students & their families are welcome to attend!



Bringing Home the Word

Nineteenth Sunday in Ordinary Time (A)

August 9, 2026

Get Out of the Boat

Fr. Joseph Juknialis

As priests, we're expected to plan our own funerals, including the Scripture readings. As it happens, I chose the gospel for this Sunday—the one about Jesus walking across the water and inviting Peter to trust and step out of the boat and come to him. You may think it strange for a funeral, but it's been pretty much the story of my life. Often, there have been times when I was asked to go where I didn't want to go, like Peter being asked to get out of the boat. Ultimately, I realized that those were

also the very times when I seemed most aware of God's presence. Oh, I think God was always there; it's simply that my own ego often got in the way. It was when I gave in that I most felt buoyed by God. In fact, the least satisfying assignment was the one I eagerly sought out, and some of those I resisted turned out to be graced.

Like Peter, it's good to do what doesn't always make sense. What does all this have to do with my choice of this Scripture reading for my funeral? Well, every time I have stepped out of the boat of security, God has been there to sustain me. I figure there is going to be no bigger "stepping out" than death, so I'm expecting that God will be there as well. †



*It was when I gave in
that I most felt buoyed
by God.*

Sunday Readings

1 Kings 19:9a, 11–13a

Elijah...stood at the entrance of the cave. A voice said to him, Why are you here, Elijah?

Romans 9:1–5

I speak the truth in Christ, I do not lie; my conscience joins with the Holy Spirit.

Matthew 14:22–33

Peter said to [Jesus] in reply, "Lord, if it is you, command me to come to you on the water."

A Word from Pope Leo XIV

We live immersed in a culture of speed, immediacy, and haste—a culture of "discard" and indifference that prevents us from pausing along the way and drawing near to acknowledge the needs and suffering that surround us. In the parable, when the Samaritan saw the wounded man, he did not "pass by." Instead, he looked upon him with an open and attentive gaze—the very gaze of Jesus.

MESSAGE ON WORLD DAY OF THE SICK, ROME, FEBRUARY 11, 2026



REFLECTION QUESTIONS

QUESTIONS REFLECTION

- Have you experienced the impossible becoming possible with God's grace?
- Will you remember this the next time something seems impossible?



A Pilgrimage of the Soul

Fr. Peter D. Hill, CSsR

Last August, two friends and I found ourselves standing at a stone marker in the small town of Sarria, Spain, with backpacks on, hiking shoes laced, and hearts open for the 100-kilometer journey to Santiago de Compostela. We were officially *peregrinos*, or pilgrims, on the Camino de Santiago, about to walk toward the cathedral where, tradition holds, the remains of St. James the Apostle are buried. We had talked about this trip for months, but nothing quite prepared us for how this journey would become more than a walk—it became a pilgrimage of the soul.

We walked 20 to 30 kilometers daily through forests, farmland, small villages, and towns. We would wake early, walk in silence or conversation, stop for coffee or a beer, and press on. There were beautiful moments: early morning mists rising over the hills, birdsong in the quiet woods, the rhythm of footsteps that became its own kind of prayer.

But, along the way, something more profound began to happen. With every step, God gently invited me inward to

notice what I had been carrying in my heart. Old frustrations, unspoken fears, the need to be in control—all of it surfaced, not in dramatic moments, but in the quiet. The Camino has a way of peeling back the layers.

I did not hear any booming voices from heaven, but a shift happened between my aching feet and the breathtaking views: I began to trust more and strive less. I started to listen not just to the birds or the crunch of gravel underfoot, but to God's whisper, saying, "Let go. I'm walking with you."

When we finally arrived in Santiago, footsore and joyful, the moment was deeply moving. Not just because we had finished the journey, but because the journey had finished something in us too. Something had settled. Something had healed. †

I listened to God whisper, "Let go. I'm walking with you."

From "Plain Talk" by Fr. Peter D. Hill, CSsR, *Liguorian*, July/August 2025. For more information, call 800-325-9521 or visit Liguori.org.

Wisdom from Catholic Update

From "Spiritual Direction for Catholics" by Dr. Karen Shields Wright

The purpose of spiritual direction is to nurture a person's growth in holiness by gently helping one recognize and respond to God the Father's love, drawing one more deeply into communion with Jesus Christ and conformity to his life. Through prayerful discernment, one learns to become attentive to the quiet promptings of the Holy Spirit, gradually discovering the threads of grace woven throughout their prayer and daily life. Two people come together to be inspired by and to listen to the Holy Spirit, seeking out those droplets of grace from God so they can grow in holiness and virtue, and so they can discover and experience their identity as the beloved of our God, who is Love.

Catholic Update—a subscription newsletter published eleven times a year—explores Church tradition and teaching on contemporary topics. For more information, call 800-325-9521 or visit Liguori.org.



For those hoping for what seems impossible: healing, reconciliation, justice, peace among the nations and within communities and families. We pray in Jesus' name. Amen.

The Redemptorists

WEEKDAY READINGS

August 10–15

Monday, St. Lawrence: 2 Cor 9:6–10
/ Jn 12:24–26

Tuesday, St. Clare: Ez 2:8–3:4
/ Mt 18:1–5, 10, 12–14

Wednesday, Weekday: Ez 9:1–7; 10:18–22
/ Mt 18:15–20

Thursday, Weekday: Ez 12:1–12 / Mt 18:21–19:1

Friday, St. Maximilian Kolbe: Ez 16:1–15, 60, 63
or 16:59–63 / Mt 19:3–12

Saturday, Assumption of the Blessed Virgin Mary: Rv 11:19a; 12:1–6a, 10ab / 1 Cor 15:20–27 / Lk 1:39–56



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