



20th SUNDAY IN ORDINARY TIME

Then Jesus said to her in reply, "O woman, great is your faith! Let it be done for you as you wish." And the woman's daughter was healed from that hour.
- Mt 15:28

Saint Paul's Newman Center

Heart Speaks to Heart



Liturgy Schedule

Saturday: 5:00 pm
Sunday: 8:30 am & 11:00 am
Evening Prayer and Daily Mass:
Monday-Thursday, 5:00 pm

Sacrament of Reconciliation

Saturdays: 4:00 pm

THE TWENTIETH SUNDAY IN ORDINARY TIME AUGUST 16, 2026



Staff

Pastor: Fr. Rob Spaulding

rob@newmancenter.org

Coordinator of Pastoral Ministry: Lillie Rodgers

lillie@newmancenter.org

Director of Music Ministry: Donovan Boxey

music@newmancenter.org

Communications Specialist: Hanna Hoes

communications@newmancenter.org

Director of Youth and Family Ministry: Brenna Fankell

brenna@newmancenter.org

Business Manager: Carrie Gomez

accounting@newmancenter.org

Service and Outreach: Sandy Rupp

rupp@newmancenter.org

Director of Campus Ministry: Emily Doherty

emily@newmancenter.org

Facilities Manager: Jay Johnson

facilities@newmancenter.org

August 15-August 23

Twentieth Sunday in Ordinary Time

Sat	5:00 pm	Bernard Ruddy
Sun	8:30 am	Parishioners of Saint Paul's
	11:00 am	Virginia Uribe Rojas
Mon	5:00 pm	Joe Kisicki
Tues	5:00 pm	Edin Vaske
Wed	5:00 pm	No Intention
Thurs	5:00 pm	No Intention

Twenty-First Sunday in Ordinary Time

Sat	5:00 pm	Frank Ruddy
Sun	8:30 am	Parishioners of Saint Paul's
	11:00 am	Edin Vaske

Family Faith Formation Back to School Barbecue

Send off summer at the Family Faith Formation Back to School Barbecue in Washington Park. Join us at Shelter #1 on Sunday, August 23 at 5:30 pm, where there will be food, fun, and games for all ages (including a bouncy house!). All families with children are welcome.

Student, Faculty, and Staff Barbecue

UW students, faculty, and staff are invited to join us on Thursday, September 3 for a welcome back barbecue. We will celebrate Evening Prayer and Mass at 5:00 pm, then spill onto the front lawn for dinner. This is a wonderful opportunity to meet friendly faces on campus as we begin a new semester.



Live the Liturgy - Inspiration for the Week

The Canaanite woman did not take Jesus' initial refusal as rejection, but as an invitation to engage with God, to show him the depth of her faith. When our prayers are not answered as we wish, will we have the courage to do the same?

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307-745-5461



1800 E Grand Ave



www.newmancenter.org

Upcoming Events

Student and Family Welcome Brunch
Sunday, August 23, 9:30 am

Family Faith Formation Back to School Barbecue
Sunday, August 23, 5:30 pm

Martha and Mary Open House
Saturday, August 29, 11:00 am-1:00pm

Sunday 5:00 pm Liturgy Resumes
Sunday, August 30

UW Fall Semester Begins
Monday, August 31

Student, Faculty, and Staff Barbecue
Thursday, September 3, 5:30 pm

**Wyoming Council of Catholic Women
Convention and Retreat**
September 18-20 in Cheyenne



Free Estate Planning

August is National Make-A-Will Month, and Wyoming Catholic Ministries Foundation is offering FreeWill, an online tool to build your legally binding will or estate plan for free. The process takes

about 20 minutes to complete and makes it easy to protect you and your loved ones. To get started, click [here](#) or visit FreeWill.com/WYCMF. For questions or more information, please contact Wyoming Catholic Ministries Foundation at info@wycmf.org or 307-631-4084.

Wyoming Council of Catholic Women Convention and Retreat

Save the date for the 72nd annual Wyoming Council of Catholic Women Convention and Retreat September 18-20 in Cheyenne. This year's theme is "Pray Like a Girl—Handmaids of the Lord," with Bishop Steven and author Julie Onderko serving as featured speakers. For more information or to register, please click [here](#) or contact Kathy Page: ktdyd1335@gmail.com, 909-806-0301.

THANK YOU!
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August 9 donations: **\$6,843.01**
Our 10% tithe for charitable outreach: **\$684.30**

**The Sunday 5:00 pm Liturgy will resume on
August 30.**



Our Progress

Our Goal: **\$100,680.00**
Amount Raised: **\$90,474.00**
Percent Raised to Goal: **90%**
Number of Donors: **119**

To make a gift, please make all checks payable to the Diocese of Cheyenne, or click [here](#) to donate online.

Martha and Mary Open House

Join Martha and Mary for an open house on Saturday, August 29 from 11:00 am to 1:00 pm on the Newman Center front lawn (weather permitting) or in Bishop Newell Hall. Discover Martha and Mary Women's Ministry—connect with other women, hear what they do, and find a welcoming place to belong. Also learn about upcoming events, projects, and groups. Light refreshments will be served.

St. Paul's Newman Center
University of Wyoming Catholic Community

WELCOME
brunch!

**SUN
AUG
23RD**

9:30-10:30 AM
1800 Grand Ave. Laramie, WY
All students & their families are
welcome to attend!



Bringing Home the Word

Twentieth Sunday in Ordinary Time (A)
August 16, 2026

Build Love, Not Walls

Fr. Joseph Juknialis

In Robert Frost's poem "Mending Wall," he tells how each spring he meets with his farming neighbor, and the two of them walk along on either side of the stone wall that marks their property to replace the stones toppled by the ice of winter. His neighbor loves the idea of a wall, inspired by his father's advice that "good fences make good neighbors." Frost, however, is not convinced and keeps suggesting that "something there is that doesn't love a wall," as if walls are not intrinsic to God's creation.

We humans seem to like our boundaries. As children, we divide

ourselves between girl germs and boy germs and draw imaginary lines in the back seats of cars. Later, we build walls everywhere—the Great Wall of China, the Berlin Wall, the structures at Mexico's border, backyard fences, and gated communities. We set up national boundaries, build emotional walls, relegate people to ghettos and the "other side of the tracks." We differentiate among religions, arguing over which is God's preference. We seem to use walls rather than love to give us our identity.

Some Scripture scholars suggest that this Sunday's gospel event was a turning point where it became clear that Jesus came to save not only the Jewish people, but all people—believers and unbelievers alike. Seeing the Canaanite woman's faith, Jesus willingly cured her daughter. With God, there are no boundaries or walls—not those of nations, not those imposed by languages and customs, not those we use to divide people of faith. †



***With God, there are
no boundaries or walls.***

A Word from Pope Leo XIV

[T]he pain that moves us to compassion is not the pain of a stranger; it is the pain of a member of our own Body, to whom Christ our Head commands us attend, for the good of all. In this sense, our service is identified with Christ's own suffering and, when offered in a Christian spirit, hastens the fulfillment of the Savior's prayer for the unity of all.

MESSAGE ON WORLD DAY OF THE SICK, ROME, FEBRUARY 11, 2026



Sunday Readings

Isaiah 56:1, 6–7

Them I will bring to my holy mountain and make them joyful in my house of prayer.

Romans 11:13–15, 29–32

For the gifts and the call of God are irrevocable.

Matthew 15:21–28

[Jesus said to the Canaanite woman], "O woman, great is your faith! Let it be done for you as you wish."

REFLECTION QUESTIONS

QUESTIONS FOR REFLECTION

- Have you ever felt isolated by a wall?
- Who built it—you or someone else?



Shrine of Blessed Francis Seelos: A Place of Peace

Fr. Byron J. Miller, CSsR

Francis Seelos was twenty-four when he left his primarily Catholic hometown in Bavaria to minister among German-speaking immigrants in America. He dedicated himself to the life of an itinerant parish missionary preacher in English and German and served in the formation of Redemptorist seminarians. His apostolic labors never permitted him the opportunity to return to his homeland or see his beloved family again. Yet, when Fr. Seelos was assigned to New Orleans, he may have found the closest resemblance to what he left behind in Europe. Perhaps he was able to enjoy nostalgic memories of home when he wrote prophetically about his short time in the Crescent City, “It’s good to be here in the sunny and warm South.... Here is my home.... Here I’ll rest my bones in the grave, for I think I have wandered enough.”

Father Seelos’ sacred remains rest in St. Mary’s Assumption Church, where he ministered as pastor for the last year of his life. Artifacts at the Seelos Shrine, Museum, and Welcome Center include his cast iron casket, a locket of hair taken

on the day of his death, and his original fifteen-decade Redemptorist habit rosary. Visitors can also experience a spiritual journey with the saint-in-waiting in a specially designed exhibit space called the “Seelos Walk of Life.”

Visitors to the Seelos Shrine overwhelmingly sense our Lord’s peace even when healings for themselves or for loved ones are not in God’s divine plan. One young woman was asked if she was there to give thanks for healing. She replied, “Actually, Father, the doctors have told me there is no more that can be done. I know that my time here is coming to an end. But, yes, I’m here to give thanks because I know now that I’m not alone or afraid anymore. I have the gift of peace through the love and prayers I’ve experienced here at the Seelos Shrine.” †

**Visitors to the
Seelos Shrine sense
our Lord’s peace.**

From “The National Shrine of Blessed Francis Xavier Seelos,” *Liguorian*, July/August 2025. For more information, call 800-325-9521 or visit Liguori.org.

Wisdom from Catholic Update

From “Seven Lessons of Mary” by Chris Padgett

Veneration of Mary is a natural consequence of Christology, so how much do we allow this reality to be fully realized in our personal faith journey? You can never exhaust the fullness of what God has done in and through Mary. The more we learn about who she is, about what her yes means throughout history, the more we should be able to reflect a deep devotion. Mary applies to us now in what it means to be a spiritual person. She is present today, waiting for us to go deeper in our relationship with her Son. The more we study and reflect on Mary, the more we understand that she is teaching us how to love Jesus.

Catholic Update—a subscription newsletter published eleven times a year—explores Church tradition and teaching on contemporary topics. For more information, call 800-325-9521 or visit Liguori.org.



God of all nations, hear the prayers of your people this day and unite our prayers to those of believers everywhere. We pray in Jesus’ name. Amen.

The Redemptorists

WEEKDAY READINGS

August 17–22

Monday, Weekday: Ez 24:15–23
/ Mt 19:16–22

Tuesday, Weekday: Ez 28:1–10
/ Mt 19:23–30

Wednesday, Weekday: Ez 34:1–11
/ Mt 20:1–16

Thursday, St. Bernard: Ez 36:23–28
/ Mt 22:1–14

Friday, St. Pius X: Ez 37:1–14
/ Mt 22:34–40

Saturday, Queenship of the Blessed Virgin
Mary: Ez 43:1–7ab / Mt 23:1–12



Catholic.
Pastoral.
Trusted.

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