



2nd SUNDAY OF LENT

“This is my beloved Son, with whom I am well pleased; listen to him.”
- Mt 17:5b

Saint Paul's Newman Center

Heart Speaks to Heart



Liturgy Schedule

Saturday: 5:00 pm
Sunday: 8:30 am, 11:00 am, & 5:00 pm
Evening Prayer and Daily Mass:
Monday-Thursday, 5:00 pm

Sacrament of Reconciliation

Wednesdays and Saturdays: 4:00 pm

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THE SECOND SUNDAY OF LENT MARCH 1, 2026



Staff

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February 28-March 8

The Second Sunday of Lent

Sat	5:00 pm	Parishioners of Saint Paul's
Sun	8:30 am	No Intention
	11:00 am	The Intention of Susana, Ponciano, and Mayra Villaseñor
	5:00 pm	No Intention
Mon	5:00 pm	Catholic Extension Society
Tues	5:00 pm	Catholic Extension Society
Wed	5:00 pm	Leo Patton
Thurs	5:00 pm	Blane Enyeart

The Third Sunday of Lent

Sat	5:00 pm	Rose Marie Gail
Sun	8:30 am	Parishioners of Saint Paul's
	11:00 am	Don Kozlowski
	5:00 pm	No Intention

Live the Liturgy - Inspiration for the Week

“Go forth,” God told Abram. We hear that message again in the Transformation: go forth. We cannot always remain where we are comfortable. We cannot always remain where things are simple.

We must go forth.

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2026 Lenten Project

For our Lenten Project this year, we are supporting Ark Regional Services, a Laramie nonprofit that helps people with developmental disabilities and acquired brain injuries increase their

independence and actively participate in their communities. Ark provides residential support services, employment opportunities and support, equestrian services, and educational classes across a variety of subject matters and areas of interest. To donate online, please click [here](#).

Upcoming Events

Children's Liturgy of the Word
Sunday, March 1 during the 8:30 am Liturgy

First Eucharist Preparation Begins
Monday, March 2, 6:00 pm

Adoration and Praise
Wednesday, March 4, 8:00 pm

Blood Drive
Thursday, March 5, 11:00 am-2:30 pm

Stations of the Cross and Simple Meal
Continues Friday, March 6, 5:30 pm
at St. Paul's Newman Center

Martha and Mary Lenten Gathering
Saturday, March 7, 11:00 am

Wounds of the Womb Presentation
Sunday, March 8, 11:30 am
at St. Laurence O'Toole

March Meal Delivery
Wednesday, March 11

Faculty and Staff Evening of Prayer
Thursday, March 12, 6:00 pm

UW Spring Break
March 16-20



Our next evening of adoration and praise will be on Wednesday, March 4 at 8:00 pm in the Worship Space.

Martha and Mary Lenten Gathering and Speaker

All women are warmly invited to Martha and Mary's special Lenten gathering on Saturday, March 7 at 11:00 am in the Emmaus House. We are pleased to welcome Sandy Rupp, Coordinator of Service and Outreach at St. Paul's Newman Center, as our guest speaker. Join us for fellowship and light refreshments afterward. Bring a friend!

THANK YOU
for your generosity

Ash Wednesday donations for Catholic Charities of Wyoming and our Lenten Project:
\$2,290.93

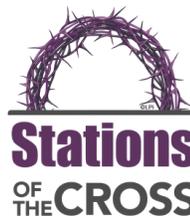
February 22 donations: **\$9,647.79**
Our 10% tithe for the Lenten Project: **\$964.77**

Blood Donors Needed

Give the gift of life this Lent by participating in our next blood drive on Thursday, March 5, 11:00 am-2:30 pm in Bishop Newell Hall. To make an appointment, please click [here](#) and enter blood drive code "C1723" or contact Sandy Rupp: rupp@newmancenter.org.

Stations of the Cross and Simple Meal

On Fridays during Lent, join the Laramie community as we pray the Stations of the Cross. Stations will begin at 5:30 pm, followed by a simple meal. St. Paul's Newman Center will host once more this Friday, March 6, and St. Laurence O'Toole will host on March 13, 20, and 27.



Children's Liturgy of the Word

Children's Liturgy of the Word will meet on March 1 during the Sunday 8:30 am Liturgy. There will be no meeting on March 15 due to spring break.

Meal Delivery Ministry

St. Paul's Newman Center has established a monthly meal delivery service. There are three ways to participate in the service: receive a meal, help prepare the meal, or deliver the meal.

This month's meal will be delivered on Wednesday, March 11. For more information or to participate in this month's service, please click [here](#) or contact Sandy Rupp: rupp@newmancenter.org.



First Eucharist Preparation

Formation for children preparing to receive first Eucharist will be at 6:00 pm on Monday, March 2, 9, and 23.



Faculty and Staff Evening of Prayer

Current and retired UW faculty, staff, and spouses are invited to Evening Prayer on Thursday, March 12 at 6:00 pm. A catered reception will follow. If you plan to attend, please RSVP by clicking [here](#) or calling the parish office at 307-745-5461.



Parish Mom's Group

St. Paul's Newman Center is starting a mom's group for mothers of all ages to grow in fellowship with one another.

The group will meet once a month, and the first meeting is on Thursday, April 16 at 6:00 pm. More information will follow as the date approaches. If you are interested in participating, please contact Lillie Rodgers at lillie@newmancenter.org or click [here](#) to join our mom's group on Flocknote.

Knights of Columbus Rifle Raffle

There are still tickets available for the Knights of Columbus rifle raffle. For more information or to purchase a ticket, please contact Ethan McCauley at 1013.ethan@gmail.com or Lester Dumm at 307-421-1144.



Knights of Columbus Handyman Helpers

If you are in need of a handyman, the Laramie Knights of Columbus can help. They have established a free handyman program to provide for the community. The service includes short-term projects that do not require a building permit or licensed professional, and it is available to those who have a demonstrated need: financial, physical, etc. To request help, please contact KofC.handyman@gmail.com or call 307-745-5461.

Wounds of the Womb Presentation

Do you need healing after a pregnancy loss? Maria Ward, the Project Rachel Coordinator for the Diocese of Cheyenne, will give a one-



hour presentation at St. Laurence O'Toole on Sunday, March 8 after their 10:30 am Liturgy. Maria will speak about the heartache of infertility and the grief and healing journey associated with all types of pregnancy loss including miscarriage, stillbirth, and abortion. Breakfast will be served.

Please call 307-222-8430 or email mward@dcwy.org with any questions.



Welcome New Parishioners!

We are excited to have you as part of our community, and we value your presence and participation. If you would like to register with our parish, please click [here](#) to fill out our online registration form.

Scholarship Opportunity for Laramie Catholics

The William Hubel Scholarship Fund was established in 2005 with funds from the William Hubel Foundation. The scholarship is available to students from either St. Paul's Newman Center or St. Laurence O'Toole who are continuing their education after high school. If you are interested in applying, please email Emily Mahood at emily@newmancenter.org or pick up an application at the parish office.

Please submit your application no later than Monday, April 13 either via email to office@stlaurenceotoole.org, or by mail to:

Hubel Scholarship
St. Laurence O'Toole Church
617 S. 4th Street
Laramie, WY 82070

Please note that you are eligible for the scholarship each year even if you received money in previous years.



Bringing Home the Word

Second Sunday of Lent (A)
March 1, 2026

Once Upon a Mountaintop

Fr. Joseph Juknialis

Many people, perhaps most people, have had a religious experience of some sort, something akin to that of Peter, James, and John atop the mountain with Jesus. It may or may not have included hearing a voice. Most often, it is a deep sense of God's presence beyond anything they have ever known, like a profound realization of what life is about or how it is laced through and through with God. It usually occurs as we are idle, not doing anything in particular, and often when we are younger, yet it is also something that changes our understanding of what life and God are about.

Most people do not talk about such experiences for any number of reasons, partly because there do not seem to be words to describe such a moment in a way anyone would understand, like trying to describe falling in love. Partly because, if we tried, we fear others would think us strange. And partly because we can find ourselves wondering whether it was real or simply our imagination. Yet, we always remember the moment and know it to be true.

One additional characteristic of such moments is that they tend to take us to a new place in life, as with Abram in the first reading. For him, it was to pack up his life and move. More likely for us, it is to a life of service, caring, and treasuring all of life now in a new way. †

Sunday Readings

Genesis 12:1-4a

The Lord said to Abram...I will make of you a great nation, and I will bless you.

2 Timothy 1:8b-10

Bear your share of hardship for the gospel with the strength that comes from God.

Matthew 17:1-9

And he was transfigured before them; his face shone like the sun, and his clothes became white as light.

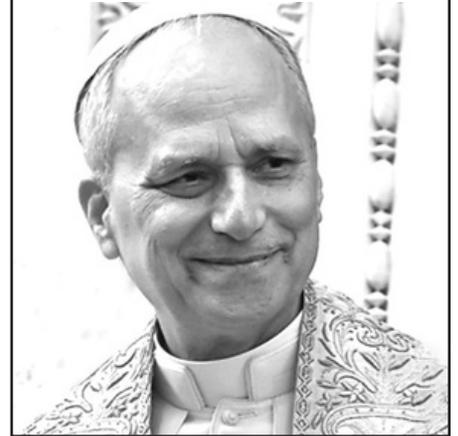


Religious experiences change our understanding of what life and God are about.

A Word from Pope Leo XIV

We must also cry out for peace in the world. Let us all say, "We want peace in the world!" Let us pray for peace. Let us pray for peace and be witnesses of the peace and reconciliation of Jesus Christ, the light that we are all seeking for today's world.

GREETING TO YOUNG PEOPLE,
ROME, JULY 29, 2025



REFLECTION QUESTIONS



- Have you had a religious experience?
- Is there someone you can talk to about how it changed your faith?