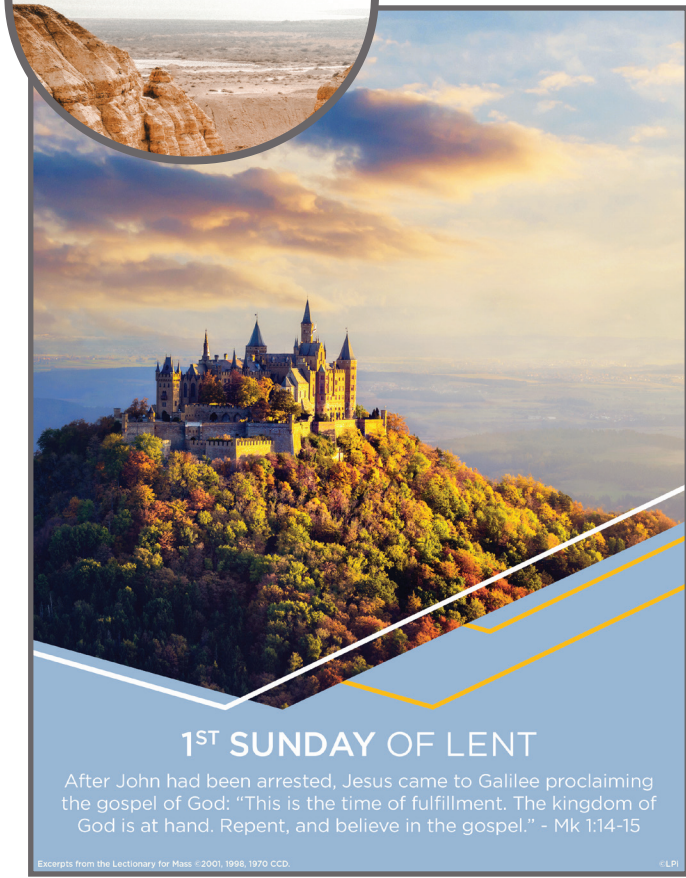




First Sunday of Lent February 18, 2024



Live the Liturgy - Inspiration for the Week
In the desert, Jesus endured forty days of hardship and temptation. But he did not endure it alone: "the angels ministered to him," the Gospel tells us. Remember that you do not face Lent alone. God is beside you in your journey to the desert. ©LPI



1ST SUNDAY OF LENT

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel." - Mk 1:14-15

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

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The Staff is unavailable during weekly meetings at 10:30 a.m. on Mondays and 11:00 a.m. on Thursdays.

Liturgy Schedule

Saturday	5:00 pm
Sunday	8:30 & 11:00 am, 5:00 pm
Monday-Thursday	5:00 pm
Sacrament of Reconciliation	
Wed & Sat	4:00 pm



February 17 - 25

First Sunday of Lent

Sat	5:00 pm	For Jeanne & John Van Heule on their 50th anniversary
Sun	8:30 am	Elly Kozlowski
	11:00 am	Ronnie Sanchez
	5:00 pm	Parishioners of St. Paul's
Mon	5:00 pm	Liturgy of the Word
Tues	5:00 pm	Liturgy of the Word
Wed	5:00 pm	Kristie Cortez
Thurs	5:00 pm	Elly Kozlowski & Benjamin Cramer

Second Sunday of Lent

Sat	5:00 pm	Jackie Collins
Sun	8:30 am	Gena Munari on her birthday
	11:00 am	Marian Gruenfelder
	5:00 pm	Parishioners of St. Paul's

Sunday Gift Offering February 11: \$11,154.22

10% tithe for charitable outreach: \$1,115.42

"Lord, when did we see you hungry or thirsty, or a stranger, or naked, or sick or in prison and didn't take care of you?" -Matthew 25:44

How Slow Can You Go?

5:00 pm Saturday, March 2 & Sunday, March 3

It's time to celebrate Mass in Slow Motion.

During the Mass, feel free to raise your hand and ask questions about our rituals and prayers.



Parents With Toddlers

Coming soon...activity bags for children. These are provided to help keep your children occupied during Liturgy. The bags will include books, puzzles and other toys that have a faith connection. It is hopeful that these will enhance the child's as well as the parent's worship experience.

Upcoming Events

Stations of the Cross and Simple Meal

Fridays during Lent at 5:30 pm
February 23 and March 1 at St. Paul's
March 8, 15 & 22 at St. Laurence

Resident SEARCH

Friday - Sunday, February 23 - 25

First Communion Preparation

Tuesdays at 5:30 pm
February 27, March 5 & 19

Martha & Mary Meeting

Saturday, March 2 at Emmaus

Children's Liturgy of the Word

March 3 at the 8:30 am Liturgy

Slow Motion Mass

Saturday, March 2 and Sunday, March 3 at 5:00 pm

Adoration & Praise

Wednesday, March 8 at 8:00 pm

UW Spring Break March 11 - 15

Taizé Prayer

Monday, March 18 at 6:30 pm



This weekend, those preparing to join the Catholic Church will celebrate the **Rite of Sending to Election**. Individuals will be called forward to sign the Book of Elect at the 11:00 Liturgy. They will then be dismissed to travel to Cheyenne to meet Bishop Steven, declare their intent and be welcomed into the larger church.

Stations of the Cross & Simple Meal Continues

On Fridays during Lent, plan on praying Stations of the Cross beginning at 5:30 pm following by a simple meal.

The Martha & Mary group will provide next week's simple meal. The Newman Center will host on Friday, February 23 and March 1. St. Laurence will host March 18, 15, and 22.



2024 Lenten Project

This year's Lenten Project will support the **Andre House** in Phoenix, AZ. André House is a ministry to the homeless and poor populations in the Phoenix area. Andre House makes God known, loved, and served by providing meals and other services.



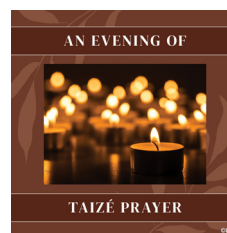
RETRouvaille--A Lifeline for Marriage

Thinking about Separation or Divorce? Retrouvaille is designed to help troubled marriages regain their health. It helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. The program is highly successful in saving marriages, even bringing reconciliation to already separated or divorced couples.

For confidential information about or to register for the program from March 8 -10, call (720) 257-9106 or email: retrouvaille.co@gmail.com or visit the website at www.HelpOurMarriage.com.

Adoration & Praise

Consider adding this as a Lenten devotion. Join our students on Wednesday, March 6 at 8:00 pm for an hour of prayer in the presence of the Blessed Sacrament. The time will include reflection, praise music, and prayerful silence.



Coming in March: An Evening of Taizé Prayer

Taizé is a type of meditative prayer experienced through singing simple chants alternated with silent reflection. Come take time to rest in the peace Christ as you experience Taizé Prayer, Tuesday, March 18 at 6:30 pm in the Worship Space.



Bringing Home the Word

First Sunday of Lent (B)
February 18, 2024

Lost at Sea

Sr. Dianne Bergant, CSA

We often think that Lent is a time to concentrate on the sufferings of Jesus. Actually, that is the theme of Holy Week. The other readings of Lent suggest another theme—covenant-making. God initiates an intimate relationship with us and calls us to be faithful. This is the good news. Moreover, when we are unfaithful, God gives us another chance.

The first reading recounts God's graciousness in saving humankind from destruction. Noah and his family must have felt that they really were lost at sea. However, God's protection was always

there. In fact, the waters they so feared were destructive only to what was evil. They had been saved and now, through the covenant, all of creation was given a second chance.

One might think that Jesus wouldn't have struggled with temptation. After all, he was God. However, today's Gospel says that he was tempted. He was in the wilderness, a place long known to be a place of temptation because there the supports of normal life are gone. After forty days of fasting, one's defenses would be significantly weakened, if not broken down. In such a situation, the primary thought is survival. This Gospel does not describe the temptation itself, but it does present Jesus as someone like us—weakened, tempted, and perhaps even "lost at sea." However, God's protection was with him, in the guise of angels.

Both stories assure us that God's covenantal care is there supporting us, regardless of the difficulty or our apparent weakness. †

Sunday Readings

Genesis 9:8–15

[God said,] "I set my bow in the clouds to serve as a sign of the covenant between me and the earth."

1 Peter 3:18–22

[Baptism] is not a removal of dirt from the body but an appeal to God for a clear conscience.

Mark 1:12–15

[Jesus said,] "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel."

***God initiates an intimate
relationship with us and
calls us to be faithful.
This is the good news.***

A Word from Pope Francis

True happiness and true freedom are not found in possessing, but in sharing; not in taking advantage of others, but in loving them; not in the obsession of power, but in the joy of service.... Let us take time for silence and prayer — just a little, it will do us good....

ANGELUS, ROME, MARCH 6, 2022



REFLECTION QUESTIONS

ONE?TION? REFLECTION

- Where do you look for God when life seems unfair?
- Do you ask for the grace to resist temptation?

What Do I Truly Value?

Paula D'Arcy

Years ago I took voice lessons from an acclaimed musician. He was well-known and highly regarded for his talents, and the lessons were a generous gift. At the time we were both on the faculty of the same college. I scheduled these lessons in between appointments with my students and I was late for my lesson. I could have been on time, actually, but the first time I stopped to speak briefly with another faculty member, the second time I delayed to make a phone call that wasn't critical. The third time my friend said to me, "If you were paying for this hour, you wouldn't be late."

The words stung. I knew he was right, and I instantly saw that my tardiness reflected the value I placed on the opportunity he was offering. I felt ashamed and was never late again. I did value the gift.



Sometimes I remember that moment in regard to my own inner journey. I hear a voice in a whisper, "If you really saw the gift of life you've been given, you wouldn't throw it away." It jolts me from a preoccupation with a thousand peripheral things. It makes me aware of how my default position in life easily

becomes my comfort, my ease, my desire to be appreciated and loved.

For a time I stayed in a European town that was founded in 1338. I walked toward a small stone church on a path that others have walked for centuries. At night I listened to the stories of these villagers, remembrances of fearful years lived under a communist occupation. Outwardly they learned to appear faithful to the government's avowed atheism, safety depending upon this pretense. Children were taught to repeat the lies as well. But their hearts and souls knew differently, and at Easter they closed the curtains and spoke truth in whispers.

"How did you keep joy alive?" I asked. "When you see the value of being alive," one woman answered slowly, "when you know the value of life itself—there is joy." She smiles. "Life is the greatest gift." I wonder: Do I value what I say I value? †

Source: *Daybreaks: Daily Reflections for Lent and Easter, 2007*

Wisdom from Catholic UPDATE

Excerpt from *Lent: Giving Our Hearts to God* by Joyce Rupp, OSM

I used to dread Lent. Then one year it finally dawned on me that this liturgical season gives me a focused opportunity to rearrange my spiritual priorities. Lent helps me gain clarity on how I am living my daily life. It is so easy to get swallowed up by the constant busyness and hectic pace of life. Lent helps me step back for six weeks and look more closely at how I am relating to God and to see who I am becoming. I realize that there is still a part of my heart that forgets, refuses, procrastinates, fears, or is unaware of how much it needs to reflect the goodness of God. †

Catholic Update is a practical and affordable four-page newsletter that explores Catholic teaching and tradition on contemporary topics in easy-to-understand language.

To subscribe, visit Liguori.org or call 800-325-9526.



*So that we may enter this season of Lent with minds open to hear your word, and hearts open to the promise of Easter, we pray—
Lord, let us be like you.*

The Redemptorists

WEEKDAY READINGS

February 19–24

Monday, Lenten Weekday:
Lv 19:1–2, 11–18 / Mt 25:31–46
Tuesday, Lenten Weekday:
Is 55:10–11 / Mt 6:7–15
Wednesday, Lenten Weekday:
Jon 3:1–10 / Lk 11:29–32

Thursday, Chair of Saint Peter the Apostle:
1 Pt 5:1–4 / Mt 16:13–19
Friday, Lenten Weekday:
Ez 18:21–28 / Mt 5:20–26
Saturday, Lenten Weekday:
Dt 26:16–19 / Mt 5:43–48