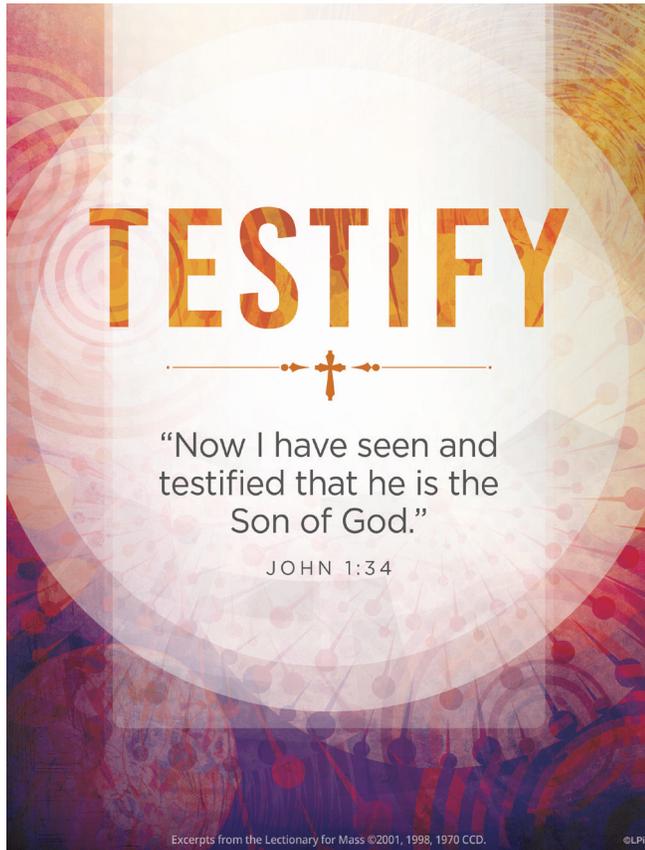


Second Sunday in Ordinary Time

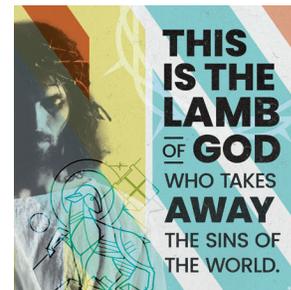
January 15, 2023



Live the Liturgy - Inspiration for the Week

John the Baptist had been told that he would see the Lamb of God, who takes away the sins of the world. He listened, he believed, and he kept his eyes open. He was ready when God revealed the truth. Let's ask ourselves: are our eyes open?

Are we ready? ©LPi



Liturgy Schedule

Saturday 5:00 p.m.
 Sunday 8:30 & 11:00 a.m.
 Monday-Thursday 5:00 p.m.

Reconciliation

Saturday 4:00 p.m.



January 7 - 15

Sat	5:00 pm	Kermit Brown and Parishioners of St. Paul's
Sun	8:30 am	Gail Roznowski
	11:00 am	Judy Finnerty
Mon	5:00 pm	Liturgy of the Word
Tues	5:00 pm	Liturgy of the Word
Wed	5:00 pm	Liturgy of the Word
Thurs	5:00 pm	Liturgy of the Word
Sat	5:00 pm	Kevin Blum
Sun	8:30 am	Jacob Keintz
	11:00 am	Stan Vialpando
	5:00 pm	Parishioners of St. Paul's



SAVE THE DATE!

Resident SEARCH retreat, February 24 - 26 at the Vee-Bar Ranch. Are you ready to enrich your faith in 2023 and to grow your relationship

with the Lord, and with your community. Then don't pass up this opportunity to attend Resident SEARCH. For information, email Aimee Gray: aimeegray23@gmail.com or Zach Parson: parsonszachm@gmail.com.

New to our Parish?

Whether you are new to Laramie or new to our community, we welcome and invite you to stop by the office weekdays, Monday - Thursday between the hours of 9:00 a.m. & 5:00 p.m. for membership information or click [here](#).

(The 5:00 p.m. Sunday Liturgy returns Jan. 22, 2023)

Upcoming Events

Kitchen Remodel (We're getting close)

No access through back door until further notice

Martin Luther King, Jr. Holiday

Monday, January 16

Sunday 5:00 p.m Liturgy

Resumes January 22

Family Faith Formation

Sunday, January 22 at 9:45 a.m.

Resident Search

February 24 - 26 at the Vee-Bar Ranch

Liturgical Ministry

Be sure to check Ministry Scheduler Pro.

Assignments for the next couple of months will be posted by next weekend. Please respond by Monday to the email you received regarding times you cannot minister or other changes you want us to know about.

Sunday Supper Sign-ups

There are still spots available to help prepare or bring desserts for spring semester Sunday Suppers. Meal prep usually begins at 2:30 or 3:00 p.m. for the 6:00 p.m. meal. Those interested in bringing desserts are asked to have them delivered by 3:00 p.m. To sign-up, go [here](#).

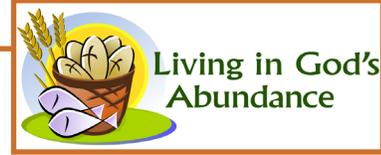


Family Faith Formation

The first large group meeting for Family Faith Formation (FFF) is Sunday, January 22 at 9:45 a.m. FFF is a learning experience for both children and their parents. The program is to assist parents in passing on our faith to their children.

"What do you have that has not been given to you by God?"

Thank you for your overwhelming generosity.
To date, **117** of us have pledged **\$324,655.00!**
If you have not yet made a pledge, please pick up a card and fill it out today or pledge via our website [here](#):

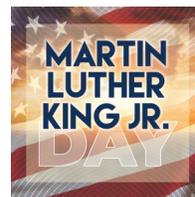


Kitchen Remodel: Still a Work in Process

The Parish kitchen is getting a facelift, plus addition of a commercial dishwasher.

Access to the Worship Space is through either the front entrance, or the northeast office entrance.

The anticipated completion is early this week. Thank you for your flexibility during this construction process and to Mike Morin for overseeing this project.



Martin Luther King, Jr. Day is Monday, January 16. Parish offices will be closed to observe the holiday.

Staff (307)745-5461

Pastor: Fr. Rob Spaulding
ext. #105 rob@newmancenter.org
Coordinator of Pastoral Ministry: Lillie Rodgers
ext. #104 lillie@newmancenter.org
Director of Music Ministry: Sara Engle
ext. #101 music@newmancenter.org
Communications Coordinator: Myra Belser
ext. #106 myra@newmancenter.org
Administrative Assistant: Brenna Fankell
ext. #102 brenna@newmancenter.org
Business Manager: Crystal Bennett
ext. #103 accounting@newmancenter.org
Service & Outreach: Sandy Rupp
ext. #112 rupp@newmancenter.org
Campus Ministry: Max Lube
ext. #111 max@newmancenter.org
Facility Manager: Mike Morin
ext. #110 mike@newmancenter.org

The Staff is unavailable during weekly meetings at 10:30 a.m. on Mondays and 11:00 a.m. on Thursdays.



Bringing Home the Word

Second Sunday in Ordinary Time (A)
January 15, 2023

Proud Servants of God

By Sr. Dianne Bergant, CSA

“My servant” is an identification a lot of people will shy away from. A servant seeks to accomplish someone else’s goals, and the adjective “my” suggests belonging to another. Yet all of today’s readings describe individuals who are proud to be servants—servants of God. What makes this kind of servant something to which all of us can aspire?

As a servant of God, Isaiah became “a light to the nations that [God’s] salvation may reach to the ends of the earth” (Isaiah 49:6). As a servant of God, Paul became “an apostle of Christ Jesus,” proclaiming the good news of God’s love “to the church of God that is in Corinth.”

As a servant of God, John the Baptist prepared the way so that Jesus “might be made known to Israel” (John 1:31). These servants sought to accomplish God’s goals for the fulfillment of others. It is in such commitment to others that we ourselves are fulfilled. Ask any parent, spouse, or good friend if this is not the case.

We might not want to be the servant of another, but what a privilege it is to be called to be a servant of God, a light to others, to proclaim God’s love and make Jesus known. By our baptism, we have all been so called. We enlighten others by the way we live with integrity. The unselfishness of our lives proclaims the good news of Christ Jesus. Authentic Christian living makes him known to the world. That’s what it means to be a servant of God. +

A Word from Pope Francis

John saw something shocking: the beloved Son of God in solidarity with sinners; and the Holy Spirit made him understand the unprecedented novelty... While in all religions it is man who offers and sacrifices something to God...[it] is God who offers his own Son for the salvation of humanity.

Angelus, Rome, January 19, 2020



Sunday Readings

Isaiah 49:3, 5–6

I will make you a light to the nations, that my salvation may reach to the ends of the earth.

1 Corinthians 1:1–3

Paul, called to be an apostle of Christ Jesus by the will of God....

John 1:29–34

The next day he saw Jesus coming toward him and said, “Behold, the Lamb of God, who takes away the sin of the world.”

*What a privilege it is
to be called
to be a servant of God,
a light to others,
to proclaim God’s love
and make Jesus known.*

REFLECTION QUESTIONS



- How do you personally benefit by serving others?
- Are you careful to take care of your own needs even as you serve others?

Care for the Caregiver

By Fr. Byron Miller, CSsR

A counselor told his gloomy new patient, “Lighten up! You need a good laugh. Go to the circus and enjoy a performance by Giggles the Clown.” Replied the patient, “I am Giggles the Clown.”

According to an article in *Time* last August, suicides in this country are at their highest number in thirty years. Sixteen million people in the US are affected by clinical depression, making it “the leading cause of disability in the world, costing the US economy alone \$210 billion a year in lost productivity [and] missed days of work.”

More surprising than melancholic clowns are members of the cloth with clinical depression. A study by the Clergy Health Initiative at Duke Divinity School says Methodist ministers were twice as likely to be depressed than the general public. Mental health specialists cite guilt about not doing enough, doubts about one’s call to ministry, and “vicarious trauma” as possible factors. “Bearing witness to another person’s trauma can itself be traumatic and can activate feelings and behaviors associated with earlier traumatic experiences clergy may have had in their own lives,” according to a study published in *MentalHealth.org*. It asserts that vicarious trauma affects clergy as it does professional caregivers and first responders.

However, a growing number of people today assume the role of caregiver, not as a profession but as a responsibility to a family member or friend who is sick,



elderly, disabled, or dying. In a 2015 report, “Caregiving in the US,” 39 percent of adults are caregivers, and of these, sixty percent are women. Nearly half of caregivers assist a parent or parent-in-law; one in ten care for a spouse. Round-the-clock caregivers are more likely to experience stress in their duties, which can also lead to secondary traumatic stress (STS) or “compassion fatigue.” Symptoms include mental and physical exhaustion, numbness in interacting with others, and difficulty in finding fulfillment in work.

Compassion literally means “to suffer together.” Jesus was moved with compassion, but he also withdrew to pray and rest with his disciples. He told them: “Come away by yourselves to a deserted

place and rest a while. People were coming and going...and they had no opportunity even to eat” (Mark 6:31)

So a message to caregivers—professional or otherwise—on the verge of compassion fatigue and vicarious trauma: Take care of yourself as you care for others. This isn’t selfishness, but prudence. It’s hard to give what you don’t have. For this reason, Mother Teresa required her sisters to take a mandatory year off from their caregiving duties every four to five years. In F. Scott Fitzgerald’s *Absolution*, the priest, teetering on a nervous breakdown, tells the kid who is trying to make a confession: Go to an amusement park but don’t get up close, “because if you do, you’ll only feel the heat and the sweat and the life.”

Lighten your load, caregivers! Go to the circus, amusement park, movies—or chapel—wherever numbness can be prevented in you. For it’s in feeling the heat, the sweat, and the life that the Way, the Truth, and the Life is found! +

This reflection is from an issue of *Liguorian*, a bimonthly magazine published by the Redemptorists. To subscribe or purchase a gift subscription, go to Liguorian.org or call 866-848-2492.



Creator God, help us to find holy balance as we seek to attend to others and take care of ourselves. We pray in Jesus’ name. Amen.

The Redemptorists

WEEKDAY READINGS

January 16–21

Monday, Weekday:
Heb 5:1–10 / Mk 2:18–22

Tuesday, St. Anthony:
Heb 6:10–20 / Mk 2:23–28

Wednesday, Weekday:
Heb 7:1–3, 15–17 / Mk 3:1–6

Thursday, Weekday:
Heb 7:25—8:6 / Mk 3:7–12

Friday, Weekday:
Heb 8:6–13 / Mk 3:13–19

Saturday, St. Agnes:
Heb 9:2–3, 11–14 / Mk 3:20–21