



Saint Paul's Newman Center

Heart Speaks to Heart



11TH SUNDAY IN ORDINARY TIME

"Without cost you have received; without cost you are to give." - Mt 10:6-8

Liturgy Schedule

Saturday: 5:00 pm
Sunday: 8:30 am & 11:00 am
Evening Prayer and Daily Mass:
Monday-Thursday, 5:00 pm

Sacrament of Reconciliation

Saturdays: 4:00 pm

THE ELEVENTH SUNDAY IN ORDINARY TIME JUNE 14, 2026



Staff

Pastor: Fr. Rob Spaulding

rob@newmancenter.org

Coordinator of Pastoral Ministry: Lillie Rodgers

lillie@newmancenter.org

Director of Music Ministry: Donovan Boxey

music@newmancenter.org

Communications Specialist: Hanna Hoes

communications@newmancenter.org

Director of Youth and Family Ministry: Brenna Fankell

brenna@newmancenter.org

Business Manager: Carrie Gomez

accounting@newmancenter.org

Service and Outreach: Sandy Rupp

rupp@newmancenter.org

Director of Campus Ministry: Emily Mahood

emily@newmancenter.org

Facilities Manager: Jay Johnson

facilities@newmancenter.org

June 13-June 21

Eleventh Sunday in Ordinary Time

Sat	5:00 pm	Parishioners of Saint Paul's
Sun	8:30 am	The Intention of the Arellano Family
	11:00 am	The Intention of Carla Trenary
Mon	5:00 pm	Margaret Ruddy
Tues	5:00 pm	Evening Prayer
Wed	5:00 pm	Evening Prayer
Thurs	5:00 pm	Dora Trujillo and Clarita Vialpando

Twelfth Sunday in Ordinary Time

Sat	5:00 pm	The Intention of the Grover Family
Sun	8:30 am	Parishioners of Saint Paul's
	11:00 am	The Intention of Amy Marie Taylor

Summer Learning Opportunity

This summer, come learn about Christ through the lens of prophecy with our 5-week Christology class led by Lillie Rodgers. The class will meet in the Jericho House, 1800 Garfield Street, on Thursdays from 12-1:00 pm beginning July 2. To register, please click [here](#) or contact Lillie: lillie@newmancenter.org.

Trinity Meals

If you missed the last Trinity Meal, don't worry! Fr. Rob will host two more opportunities to share dinner and fellowship in the back yard of the rectory, located at 315 S. 18th Street. The next meal is Saturday, July 18 at 6:45 pm. If you would like to attend, please sign up on the yellow signup sheets in Bishop Newell Hall.

Live the Liturgy - Inspiration for the Week

In his mercy, Jesus sent his Apostles into ministry — and the Apostles are still ministering today. We see them in the sanctuary, in the confessional. They are our priests, sent to shepherd Christ's sheep.

This week, let's pray for our shepherds.

©LPi

Upcoming Events

Mass and Potluck in the Park
Thursday, June 18, 5:15 pm

Summer Christology Class Begins
Thursday, July 2, 12:00 pm

Mom's Group Gathering
Thursday, July 9, 6:00 pm

An Evening with Fr. Greg Boyle
Monday, July 13, 6:30 pm in Golden, CO

Trinity Meal #2
Saturday, July 18, 6:45 pm

**St. Laurence O'Toole
Sesquicentennial Celebration**
Sunday, July 19, 10:00 am

Mass and Potluck in the Park

Join the parish community on Thursday, June 18 at 5:15 pm to celebrate an outdoor Mass at LaPrele Park. Please bring your own seating—camp chairs, lawn chairs, blankets, etc.—and meet us at the shelter next to the playground. A potluck dinner will follow the Liturgy. Please note that there will be no 5:00 pm daily Liturgy at the church on June 18.



The next parish mom's group meeting is Thursday, July 9 at 6:00 pm in the Emmaus House. All mothers, Catholic or not, are welcome to attend and grow in fellowship with one another.

Employment Opportunity

Holy Trinity in Cheyenne is looking for an Administrative Assistant to work 25-30 hours a week in the parish office. Responsible for maintaining parish social media and website platforms, producing weekly bulletins and church slideshows, making sacramental entries, and assisting the Office Manager. Find a complete job description and application on the church website, holytrinitycheyenne.org, under "Job Opportunities." Please submit an application and resume to the parish office by Friday, June 19.

THANK YOU
for your generosity

June 7 donations: **\$16,773.52**
Our 10% tithe for charitable outreach: **\$1,677.35**



Thank you for your generous and prayerful support of *Living and Giving in Christ: Unity through Diocesan Ministries*. The generosity of our parish community and those throughout the Diocese of Cheyenne helps sustain ministries that reach people in every corner of Wyoming. We have now raised **62%** of our **\$100,680** parish goal. If you have not yet made a commitment in support of diocesan ministries, and you would like to, you can make a gift by returning your appeal card or in-pew envelope to the parish office, or you may make a pledge online by clicking [here](#) or visiting dcwy.org. Please make all checks payable to the Diocese of Cheyenne.



An Evening with Fr. Greg Boyle

Fr. Greg Boyle, SJ will be at the Mother Cabrini Shrine Chapel in Golden, CO on Monday, July 13 at 6:30 pm. Fr. Boyle is the founder of Homeboy Industries, the world's largest gang intervention, rehabilitation, and re-entry program. Tickets to the event are free of charge, but limited. Visit mothercabrinishrine.org or click [here](#) to reserve your tickets.



On Sunday, July 19, St. Laurence O'Toole will celebrate 150 years of prayer, worship, and service. All are encouraged to attend this celebration and support our brothers and sisters across town. Mass will be celebrated at St. Laurence at 10:00 am, followed by lunch in the Laramie Montessori School gym located at 608 S. 4th Street. Please note that we will not have the Sunday 11:00 am Liturgy at St. Paul's on July 19.



Bringing Home the Word

Eleventh Sunday in Ordinary Time (A)
June 14, 2026

Bucket List Questions

Fr. Joseph Juknialis

The Bucket List is a movie about two men, played by Jack Nicholson and Morgan Freeman, who find themselves sharing a hospital room, each diagnosed with terminal cancer. As they talk about the days that remain for each of them, they begin to discuss what they would yet hope to experience before they die. Hence, the title of the film.

At one point, amid their many escapades together, Freeman suggests that God is going to ask two questions when they stand before the pearly gates. Nicholson hears this and grows edgy,

suspecting his eternal future may be at risk. Freeman then tells him that the first question will be, "Have you ever experienced joy in life?" At that, Nicholson beams with a silly grin that suggests he is thinking more of pleasure than he is of joy. Nonetheless, he decides his lock on eternal bliss is halfway there. Then, Freeman reveals the second question: "Have you ever brought joy to the lives of others?" With that, Nicholson's face drops, realizing his life has been more about himself than about others.

Religion is not just about "going to church," but also about "going from church into the world." That, in a sense, is what Jesus did when he named the Twelve Apostles and sent them out to heal, bring life, and overcome evil. It is also what we find ourselves sent to do amid the scattered events of every week—to bring joy into the lives of others. †

Sunday Readings

Exodus 19:2–6a

[The LORD said to Moses:] You will be to me a kingdom of priests, a holy nation.

Romans 5:6–11

God proves his love for us in that while we were still sinners Christ died for us.

Matthew 9:36—10:8

At the sight of the crowds, his heart was moved with pity for them because they were troubled and abandoned, like sheep without a shepherd.



**Religion is not just
"going to church," but
"going from church into
the world."**

A Word from Pope Leo XIV

Humility is really freedom from ourselves.... Those who exalt themselves generally think that nothing is more interesting than themselves; yet, deep down, they are quite insecure.... Dear friends, today let us pray that the Church will always be a school of humility for everyone, a home where all are welcome, a place where rivalries are set aside and where Jesus...teaches us to imitate his own humility and freedom.

ANGELUS, ROME, AUGUST 31, 2025



REFLECTION QUESTIONS

- When did I experience joy this week?
- Did I bring joy to someone else?



First Things First

Scott Czarnopys

I was listening to a reflection that quoted C.S. Lewis from his book *God in the Dock*: “You can’t get second things by putting them first; you can get second things only by putting first things first.”

What is first? Perhaps what is the closest and most reachable take priority. For me, this is my wife, my children, my immediate family, and my colleagues. These are the people I encounter daily, and if I strive to live a life of meaning and to be impactful, I need to take the first steps with these people.

Too often, I let myself become entangled in issues over which I have no influence. Why do I spend so much time worrying about problems that I have no ability to fix? I meet with a men’s group weekly, and I realize I’m not alone; other men also spend their time and energy worrying about foreign policy, wars, and other matters over which they have no control. To what end does such fretting take us? I have come to realize that it is nothing more than anxiety-inducing behavior

and a use of energy that does not bear fruit or allow me to impact the issues directly in front of me or appreciate the immense beauty surrounding me.

C.S. Lewis understood the importance of prioritizing what truly matters in life. When we dedicate ourselves to the most important things, the secondary things often fall into place. But if we prioritize what is secondary, we risk losing sight of what truly matters and may even miss out on the relationships and the work to which we are called. Take time in prayer to reflect on proximity. Who is closest to you? Where can you have the greatest effect? What holds the most significance? Then, and only then, will the secondary things fall into place. †

When we put first things first, secondary things fall into place.

From “Face to Face” by Scott Czarnopys, *Liguorian*, May/June 2025. For more information, call 800-325-9521 or visit Liguori.org.

Wisdom from Catholic Update

From “Humility Is Still a Virtue” by Christopher M. Bellitto

Humility is the first step in self-reflection. It makes us have second thoughts. It opens us up to our blind spots and ignorance, our flaws and weaknesses. It tells us that it’s fine to have doubt. Pope Francis put it this way in an interview with Fr. Antonio Spadaro, SJ: “If a person says that he met God with total certainty and is not touched by a margin of uncertainty, then this is not good. For me, this is an important key. If one has the answers to all the questions—that is the proof that God is not with him.... You must leave room for the Lord, not for our certainties; we must be humble.”

Catholic Update—a subscription newsletter published eleven times a year—explores Church tradition and teaching on contemporary topics. For more information, call 800-325-9521, or visit Liguori.org.



Compassionate God, inspire us to speak gently, act kindly, and share generously so that everyone we meet may feel safe, valued, and loved. We pray in Jesus’ name. Amen.

The Redemptorists

WEEKDAY READINGS

June 15–20

Monday, Weekday: 1 Kgs 21:1–16
/ Mt 5:38–42

Tuesday, Weekday: 1 Kgs 21:17–29
/ Mt 5:43–48

Wednesday, Weekday: 2 Kgs 2:1, 6–14
/ Mt 6:1–6, 16–18

Thursday, Weekday: Sir 48:1–14
/ Mt 6:7–15

Friday, Weekday: 2 Kgs 11:1–4, 9–18, 20
/ Mt 6:19–23

Saturday, Weekday: 2 Chr 24:17–25
/ Mt 6:24–34



Catholic.
Pastoral.
Trusted.

© 2026 Liguori Publications, a ministry of the Redemptorists. Scripture quotations in this publication are from *The New American Bible, revised edition*, © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Washington, DC. The quotations from Pope Leo XIV are printed with permission, copyright © Dicastero per la Comunicazione—Libreria Editrice Vaticana. All rights reserved. 1-800-325-9521. Liguori.org.